

After completing your required pre-surgical testing, it is important that you follow these additional steps to prepare for your One-Day Surgery at Evangelical.

### *The Day Before Your Surgery*

Please call your surgeon’s office to confirm the time you will need to arrive at the Hospital on the day of your surgery. (You may need to arrive up to two hours before your scheduled procedure.)

### *The Day of Your Surgery*

Remember to arrive before your scheduled procedure at the time you were provided. Upon arrival:

- You’ll talk with your anesthesiologist about the anesthetic you will receive
- You’ll have an opportunity to see and talk with your surgeon
- Our medical team will prepare you for your procedure

### *Directions to One Day Surgery*

- Enter the Hospital through the Main Entrance and check in at the information desk **(1)**.
- Proceed to the Surgical & Infusion Registration Desk **(2)** to receive name wrist band.
- Take Elevator A to 1R or proceed to the stairs just past Elevator A. Exit elevator, proceed down long hallway.
- Walk to the end of the long hallway, passing the Meditation Garden on your left.
- You will come to a large lobby area. Turn left. Proceed through double doors.
- Once in hallway, turn right and you will see two B Elevators on the left.
- Take the B Elevator **(3)** ON YOUR LEFT to the second floor – PUSH 2R, DO NOT PUSH 2.

### *First Floor*

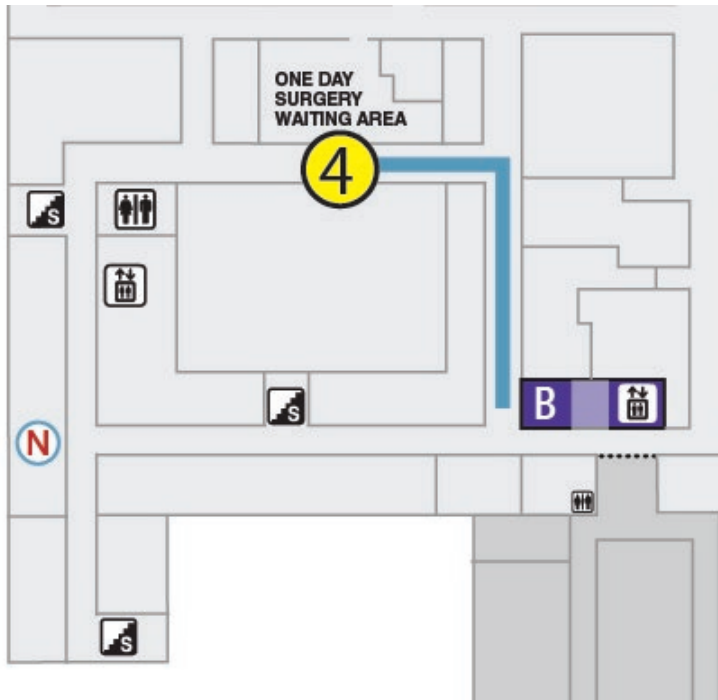


**SOUTH**  
( < Weis Markets© )

**NORTH**  
( McDonald's© > )

## Second Floor

- Turn right to follow signs to One Day Surgery, enter waiting area on your right. **(4)**



## Other Essential Information About Your Surgery

- You will need a responsible adult to take you to the Hospital, drive you home, and remain with you for 24 hours following your surgery.
- If you are responsible for caring for children, you must arrange for someone else to provide childcare for them outside the Hospital. Do not bring them to the Hospital with you.
- Do not eat anything after midnight the day of your surgery. Please follow your fasting instructions provided at your Pre-Admission Care appointment. You may drink clear liquids until 6 hours prior to your **arrival time**. Clear liquids include water, tea, black coffee, apple juice, and Gatorade (not red).
- If you smoke, do not smoke the day before or the morning of your surgery.
- Avoid swallowing water while brushing your teeth the morning of your surgery.
- Do not put anything in your mouth such as gum, candy, or tobacco on the morning of your surgery.
- Wear loose-fitting clothing, particularly if your surgery involves your abdomen, legs, or arms.
- Do not wear nail polish, make-up, or jewelry on the day of your surgery.
- Do not bring money or other valuables with you to the Hospital; please bring your photo ID and insurance card as they may be needed for registration.
- Call your doctor before the day of your surgery if you develop a cold, cough, elevated temperature, or infection.
- Due to physical space, **one support person at a time** may wait for you in the One Day Surgery Waiting Area.
- If you have any questions about your One Day Surgery at Evangelical, please call 570-522-2624.